

INFORMED CONSENT (PARTICIPANT'S DECLARATION) FOR THE PONITRIANSKA STOVKA 2021 RACE (11.-12. SEPTEMBER 2021)

THE NAME, SURNAME AND DATE OF BIRTH OF THE PONITRIANSKA STOVKA 2021 RACE PARTICIPANT:

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BY SIGNING BELOW, I HEREBY ACKNOWLEDGE AND CONFIRM, THAT:

- I am familiar with the information about the Ponitrianska stovka 2021 (further in this document as „P100“ only) race and also with the recommendations of the P100 race organizer published on the website www.ponitrianska100.sk and that I have been informed via an e-mail sent by the P100 race organizer.
- I am familiar with the P100 race Regulations published on the website www.ponitrianska100.sk and I undertake to comply with the P100 race Regulations.
- I am familiar with the P100 race course description published on the website www.ponitrianska100.sk
- I am aware of the character, schedule and other conditions of the P100 race.
- I am unaware of any obstacle in my medical condition (physical, mental), that would prevent me from participating in the P100 race or endanger my safety during this race. I confirm as a P100 race participant that I consider my preparedness for the P100 race, and I am aware about risks arising from participation in this kind of race.
- I am not aware, that I have been in contact with a person tested positive for COVID-19.
- me and any of my family members do not have any COVID-19 disease symptoms (fever, cough, breathing difficulty, muscle pain, general tiredness, etc.).
- I am not quarantined.
- I have not been tested positive for COVID-19.
- I am aware of the recommendations set by the P100 race organizer: to complete an individual medical examination before the P100 race, particularly in the case that I overcome infectious disease (angina, flu etc.) for the period of last six to eight weeks before the start of the P100 race.
- I participate in the P100 race on my own will and at my own risk. I accept that the P100 race organizer is not responsible for any injury of myself incurred during the P100 race. I am aware that I am not entitled to request from the P100 race organizer of the P100 race any financial compensation or other applicable claims for injuries incurred to myself during the race. I declare that I am aware of the responsibilities and risks related to my participation in the P100 race.
- I accept, that the the organizer of the P100 race is not responsible for any of my actions, which would be contrary to the information about the P100 race published on the website www.ponitrianska100.sk or to the race Regulations or to the instruction received from the P100 race organizer.
- I accept, that the P100 race organizer is not responsible for any health or property damage caused by me to third parties during the P100 race.

- I am aware that there was not concluded any special individual insurance by the P100 race organizer for damages, that may arise to participant in connection with participation in the P100 race.

- I understand that the health services provided by the P100 race organizer are provided only in the aid station(s) for which it has been announced and only to the extent of first aid in case of accidents.

- I accept that the P100 race organizer, volunteers and particularly medical staff acting on this race, have the right to stop the participant which will show signs of over-exhaustion to protect his/her health and to avoid further risk to his/her health or safety. In the case of health complications that could endanger the safety, health or life of P100 race participant, they have the right to decide to terminate his/her participation in the P100 race or to discontinue for the necessary time.

- I am aware that the P100 race organizer reserves the right to change the route and the program of this race, as well as to interrupt or cancel this race, particularly in order to ensure the safety of all participants in the P100 race. In case of such a change of race or cancellation of race there is no participant's entitlement for the start fee reimbursement.

- I am aware that the P100 race organizer is responsible for the authorization for the use of the area available to the organization of the P100 race. In particular, it is the place of start and finish, place of the aid stations (checkpoints), the course of the P100 race. However, the P100 race organizer is not responsible and does not guarantee the status of the course of the P100 race, or the conditions such as weather or other unforeseen circumstances.

- I undertake to comply with all instructions from the P100 race organizer and from the volunteers (including medics) acting on this event for the entire duration of the P100 race.

- I undertake to comply with all instructions from the P100 race organizer from accessing the place of check-in until leaving the finish place, which are related to the anti-COVID-19 measures.

- I undertake to carry throughout the duration of P100 race the entire mandatory equipment specified on the P100 race website www.ponitrianska100.sk as well as in the e-mail sent by the P100 race organizer.

- I confirm I am aware that I am obligated to keep the respective legislative, especially the Nature and landscape protection act nr. 543/2002.

- I confirm that I will observe the traffic regulations and increase my carefulness where the P100 race course passes through roads with traffic.

- I accept and agree, that my participation in the P100 race can be recorded audio-visually (video, photo) by the P100 race organizer, photographs and volunteers. I accept and agree, that the records (video, photo) made before, during and after the P100 race can be used by the P100 race organizer for the P100 race presentation purpose without a honorarium entitlement for the P100 race participant.

- I declare that all information provided in this document is true. I confirm this declaration with my signature.

Phone number – contact in case of emergency (ICE - In Case of Emergency):

Signature of the Ponitrianska stovka 2021 participant:

Date/Place: